

IINHUB

Webinar Schedule

Jan

Guest Speaker

Kate Harris from A.Vogel

Support Your Immune System with Herbal Medicine

Jan. 16th Thurs, 10am

Coaching Skills in Practice

Jo Sayers

Coaching Skills in Practice: Open Q&A Session with Jo

Jan. 20th Mon, 7pm

Monthly Mentoring Session

Gwen Enright

Mentoring session for Coaches & NTs focused on supporting & strengthening Immunity

Jan 28th Tues, 7pm

Feb

Journal Club for NTs

Chen Saat Murphy

In this session, we will analyse an article that challenges our thinking!
(NTOI CPD 2 pt)

Feb. 4th Tues, 7pm

Nutrition & Lifestyle Webinar

Helen Mallaburn

Nutrition & Lifestyle for Thyroid Health
(NTOI CPD 1 pt)

Feb. TBC

Monthly Mentoring Session

Gwen Enright

Mentoring session for Coaches & NTs focused on supporting thyroid health

Feb. 25th Tues, 10am

Mar

Grow Your Business Webinar

Vicky Shilling

How to use social media to grow your health business
(NTOI CPD 1 pt)

Mar. 7th Fri, 10am

Session to be confirmed

Mar. TBC

Monthly Mentoring Session

Gwen Enright

Mentoring session 'Choosing Good Quality Supplements'

Mar. 25th Tues, 7pm

**Timetable is subject to change.*